



## April 2009 NEWSLETTER

**If you have not yet paid your 2009 membership dues, complete the enclosed membership forms (also available at [www.qcaapnpa.org](http://www.qcaapnpa.org)) and mail them to the PO Box or bring to the May meeting . THANK YOU FOR YOUR CONTINUED SUPPORT!**

### **May 2009 QCA APN/PA Members Meeting**

**Date:** Thursday, May 7, 2009

**Location:** Biaggi's  
Bettendorf, Iowa.

**Topic:** New Ideas for Hypertension

**Speaker:** Dr. Wang

See flyer for more information.

### **From The President's Pen**

A **note of congratulations** to the new graduates that will be anxiously waiting to take their boards; we wish you well and want to welcome you to our group. I am sure you will find being a nurse practitioner/ physician assistant is both rewarding and hard work.  
**CONGRATULATIONS & BEST WISHES!**

As of January, you now have a **new board**. I believe it is important for you, as a member, to express what you would like to see us accomplish.

We provide educational opportunities as well as networking with our peers, but are you aware of the **marketing committee**? As a result of this committee there is a "Quad-City Health Care Directory" with your name and practice in it and you have helped sponsor the Race for the Cure.

This year **The Race for the Cure** will be June 13, 2009. **Our very own Peggy Newkirk has been selected to be honorary chairwoman.** So I hope we all can attend that morning and support both Peggy and the Race. We have had several members with breast cancer, so mark your calendars now & show your support! We will be a sponsor again this year for the Race for the Cure. Please see LaShon Moore's report for more details.

Of course there is the **"business"** end of any organization. We have had no major fund raiser for a couple of years and with economy concerns, we have to be budget conscious. In the past we have been able to give several educational scholarships toward advancing education, and would like to continue to do so; but we need your ideas and help! Onward!  
Danita

### **Marketing Committee -**

Thanks to all the members that attended the **2009 Annual Winter Symposium** on February 5, where we had a good attendance of both students and long standing members. It was nice to see members dressed in their "Sock Hop" costumes. I hope Elvis is happy in his new home. This annual event is an opportunity to show appreciation of the Alliance membership, and was a great chance for potential new members to experience our group. Please continue to extend your welcome to those individuals.

Each year, the QCA APN/PA Alliance proudly awards the **Thomas Candler scholarship**. This \$1,500 one time non-need based scholarship is available for APN/PA students pursuing a Masters or Doctoral degree and meets the scholarship criteria. Students are encouraged to apply no later than June 1, 2009. The scholarship will be awarding in October. Please visit the Alliance website at [www.qcaapnpa.org](http://www.qcaapnpa.org) for the scholarship criteria and scholarship application form. For questions, please call Lashon at 563-940-0620.

The QCA APN/PA Alliance Marketing Committee invites its members, friends, and family to join us for the **20<sup>th</sup> Annual Komen Quad Cities Race for the Cure** on Saturday, June 13<sup>th</sup>, 2009. The marketing committee is organizing a team that will walk together in fighting breast cancer throughout the Quad Cities.

### **Joining the Alliance race team is easy.**

Register at the May 7<sup>th</sup> membership meeting at Biaggi's or mail your race application form, along

with a check to QCA APN/PA Alliance, P.O. Box 4349, Davenport, IA 52808. For those who may want to participate, but are unable to attend, please consider *Sleep in for the Cure*. To allow plenty of time to submit our team registration packet by the deadline, **any registration forms received after May 9<sup>th</sup> will not be included with the team registration.**

In addition, race applications will be placed in a drawing for a chance to win one of five complimentary registrations. Winners will be selected, announced, and checks returned at the end of the May 7<sup>th</sup> membership meeting at Biaggi's. In order to be included into the drawing, mailed applications must be received **no later than May 6<sup>th</sup>**. A date and location for packet pick-up and team T-shirts will be provided later. Please know that your participation is vital to our team success!  
Lashon Moore, ARNP  
Race for the Cure Team Captain  
Marketing Committee Chair



**Looking ahead...**

Upcoming meetings for 2009 should be very exciting. **September will bring "Rheumatology Update 2009" by Dr. George Lawry from UIHC.** He will discuss the more common diagnoses he sees, plus a few of the more elusive with lots of pointers for primary care providers. The date for this talk is still being determined. Watch your newsletters! Finally, 2009 will close with a **joint meeting of Genesis physicians and our Alliance at the**

**Davenport Radisson QC Plaza on Friday, November 6<sup>th</sup>.** This meeting will feature networking time, dinner, pharmaceutical and healthy-lifestyle displays available, and an educational talk presented by Dr. Tieraona LowDog from the Arizona Center for Integrative Medicine at the University of Arizona. She will discuss "Top Selling Dietary Supplements: Separating Fact from Fiction". We are looking for table sponsors for this meeting; if you know reps that may be interested or have other ideas please contact any board member! Watch your newsletters for more information concerning this meeting as well! As always, your ideas are what generate topics for our meetings. Keep those ideas coming and, as always, thank you for your wonderful support and attendance!  
Sara Nyquist, Education Chair

**Reminder:** The QC Hearts and Minds, Building Bridges work group of the Quad City Health Initiative is sponsoring its first workshop on **"Bridging Behavioral Health into Medical Practice"** on **May 13<sup>th</sup> from 8-12** at the Adler Education Center @ Genesis Heart Institute. Admission is free. Look for details to follow. Call Shirley Williams @ 781-9848 or email [shirlpnp@hotmail.com](mailto:shirlpnp@hotmail.com) for more info.

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**Announcement!!!**  
If anyone has anything to send out to the members on the **listserv, the new address to send it to is [renelmer@gmail.com](mailto:renelmer@gmail.com).** Also, if there is anyone who is a member and is still not receiving QC APN/PA announcements via the listserv, please send Renee a note at this email address so you can be added to the listserve.

**Email contact information for your 2009 QCA APN/PA Alliance Officers/Board**

Name	Position	Email
Danita Harrison	President	<a href="mailto:harrisonD@genesishhealth.com">harrisonD@genesishhealth.com</a> or <a href="mailto:harrisbd@winco.net">harrisbd@winco.net</a>
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Shirley Williams	Treasurer	<a href="mailto:shirlpnp@hotmail.com">shirlpnp@hotmail.com</a>
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